



2009 Long Island Wrestling Association Summer Heat Folkstyle Tournament

Saturday - August 8, 2009



Location: Hofstra University PFC
Hempstead, NY 11549

Directions: Meadowbrook Pkwy to exit M4. West on Hempstead Tpke. Hofstra will be about ¾ of a mile on your right. Ask for the PFC (old gymnasium).

Divisions: 9-12th (Grade in Sept. 2009) and **Open**

Eligibility: Those entering 9-12th Grade in Sept. 2009. **Graduated seniors must compete in Open Division.**

USAW Card A USA Wrestling competitors card is required. A one time event card may be purchased for \$10 .

Registration & Cost:

Pre-registration suggested: - \$20 Walk-ins: - \$25

Pre-register by July 31st

<http://longislandwrestling.org>

Checks Payable to: *Long Island Wrestling Association* - **Cash Only at the Door**

Mandatory Weigh-ins:

9-12th HS Division:	7:30 - 8:30 AM	- <u>All wrestlers must weigh-in including pre-registered wrestlers!</u>
Open Division:	8:00 - 8:30 AM	

Skin Check: **Athletes must be prepared and must submit to a skin disease screening prior to weigh-in. The Chief Medical Officer has full authority without appeal in determining the eligibility of an athlete to compete. Anything questionable must be accompanied by a doctors note stating the condition and that it is not active and not contagious.**

Wrestling Clinic: 8:30 - 9:30

Competition: Folkstyle, Championship Bracket, wrestleback to 3rd from quarters - Losers will get at least 2 matches
NYS HS Rules, Headgear Suggested, 1½-1½-1½ , 1 min. SV, two-30 sec. Crit. TB, one-30 sec. UTB
HS & Open Division: Start Wrestling approximately 10:00AM

Weight Classes: **HS:** 99, 106, 115, 122, 128, 133, 138, 143, 148, 155, 163, 174, 192, 218, 288
Open: Madison Weights

Weight Classes May Be Combined to Promote Wrestling at the Discretion of the Tournament Director

Awards: 1st - 4th Place

Food Concession: There will be a food concession on-site

Contact: Tournament Directors Scott Arnel - (516) 922-9673
Steve Meehan - (631) 567-2337



2009 Long Island Wrestling Association Summer Heat Folkstyle Tournament

Saturday - August 8, 2009



Pre-Register By July 31

REGISTRATION FORM

Participant's Waiver and Release from Liability

1. I, _____, the undersigned, on behalf of myself, my heirs and next of kin, personal representatives, agents, insurers, successors and assigns (all hereinafter "Releasers") hereby FOREVER RELEASE, DISCHARGE AND COVENANT NOT TO SUE THE LONG ISLAND WRESTLING ASSOCIATION, INC., its insurers, its affiliated administrators, agents, directors, officers, members, committees, volunteers, and any and all participants, officials, referees, coaches, sponsoring agencies, sponsors, advertisers, local organizing committees (and if applicable) owners, lessors and operators of premises used to conduct any LONG ISLAND WRESTLING ASSOCIATION, INC event, meet, practice or activity (all hereinafter "Releasees") from any and all liabilities, claims, demands, causes of action or losses of any kind or nature, past present or future, direct or consequential that I may hereinafter have for PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, arising out of my participation in, attendance at or traveling to and from any LONG ISLAND WRESTLING ASSOCIATION, INC event or activity including, but not limited to, LOSSES CAUSED BY THE PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

2. Releasor understands and acknowledges that LONG ISLAND WRESTLING ASSOCIATION, INC activities and the sport of wrestling in general have inherent dangers that no amount of care, caution, training, instruction, supervision or expertise can eliminate. RELEASOR EXPRESSLY AND VOLUNTARILY ASSUMES ALL RISK OF PERSONAL INJURY, PERMANENT, TEMPORARY, TOTAL OR PARTIAL DISABILITY, DISFIGUREMENT, PARALYSIS AND ANY OTHER LOSSES OR DAMAGES TO PERSON OR PROPERTY OR DEATH, sustained while participating in, attending, preparing for or traveling to and from any USA Wrestling sanctioned event, meet, practice or activity, including the risk of PASSIVE OR ACTIVE NEGLIGENCE OF THE RELEASEES, or hidden, latent or obvious defects in the facilities or equipment used.

3. Releasor acknowledges and fully understands that each participant in any LONG ISLAND WRESTLING ASSOCIATION, INC event, meet, practice or activity, including Releasor, will be engaging in activities that involve risk of serious injury, including permanent, temporary, total or partial disability, disfigurement, paralysis and any other losses to person or property, including death, and that severe social and economic losses may result not only from Releasor's own actions, inactions or negligence, but also from the actions, inactions or negligence of others notwithstanding the rules of play or the condition of the premises or of any equipment used. Further Releasor acknowledges and fully understands that there may be other associated risks with such activities which are not known or not reasonably foreseeable at this time.

I ACKNOWLEDGE THAT I HAVE HAD SUFFICIENT OPPORTUNITY TO REVIEW THE PROVISIONS OF THIS DOCUMENT AND UNDERSTAND ITS PURPOSE, MEANING AND INTENT.

The undersigned, _____ does hereby represent that he/she is, in fact, the parent or legal guardian of _____ and acting in such capacity agrees to the terms and conditions of the above stated waiver and release.

(Signature of parent or legal guardian)

(Date)

(Print Name)

(Relationship to minor)

PRINT LEGIBLY

Wrestler's Full Name _____ **Division:** HS Open (Check One)

Street _____ **Town** _____

State _____ **ZIP** _____ **Email Address** _____

School/Club _____ **Phone #** () _____

USA Wrestling Card# _____ **Grade entering September 2009** _____

SEEDING CRITERIA (Check Box That Applies If Any)

2009 HS Sectional (State Qualifier) Placement		2009 HS State Placement	
<input type="checkbox"/> 1 st Place	<input type="checkbox"/> 4 th Place	<input type="checkbox"/> 1 st Place	<input type="checkbox"/> 4 th Place
<input type="checkbox"/> 2 nd Place	<input type="checkbox"/> 5 th Place	<input type="checkbox"/> 2 nd Place	<input type="checkbox"/> 5 th Place
<input type="checkbox"/> 3 rd Place	<input type="checkbox"/> 6 th Place	<input type="checkbox"/> 3 rd Place	<input type="checkbox"/> 6 th Place

ENCLOSE

HS & Open \$20 + \$10 if USA Card Needed

Make Checks Payable To: *Long Island Wrestling Association* **(Cash Only For Walk-Ins)**

Mail Completed Form To: **Long Island Wrestling Association, Inc.**
PO Box 287
East Norwich, New York 11732